



Solo Camper's Budget Meal Planner

Plan your 3-day camping meals under \$26! A printable checklist helps you stay organized, save money, and enjoy great food while camping solo.

Day	Meal & Ingredients	Estimated Cost
Day 1	Oatmeal, Tuna Wrap, One-Pot Chili	\$9.50
Day 2	Pancakes, PB Wraps, Instant Rice & Chicken	\$8.50
Day 3	Granola, Ramen, Foil Veggie Hash	\$7.50
Total (3 Days)		\$25.50

Pro Tip: Reuse ingredients like oats, tortillas, and peanut butter across meals to stretch your budget further. This planner is perfect for first-time or solo campers who want to keep camping affordable and delicious.

Visit camponabudget.com for more budget camping guides and checklists.